



A Plus Tennis

Junior Training Program

Low Compression Classes (12 & Under)

Burke Racquet and Swim Club

2026-2027

A Plus Tennis Junior Program offers comprehensive tennis instruction for every age group from a player's first strokes to collegiate level. Our program is focused on three specific areas; skills acquisition, practice / development and competitive application. Players graduate to a higher level based on their progress, ability and commitment. Classes will be held indoors at Burke Racquet & Swim Club (BRSC). In the event of questionable weather conditions, please check our website at www.aplustennisva.net one hour prior to the start of class or call 703-250-1299.

Class Schedule

Start Date: September 8, 2026

End Date: June 13, 2027

Holidays / Breaks

No classes | Nov. 24 – Nov. 29 | Dec. 21 – Jan. 3 | Feb. 13 - Feb. 15 | Mar. 22 – Mar. 28 | May 29 - May 31

The A Plus Tennis Junior Program runs from September 8th to June 13th. There are no clinics held during the holiday breaks. These dates are excluded from our pricing. The **first installment**, one-fourth of the total bill, is **due upon registration**. The **remaining balance** will be charged in three equal installments to your student's A Plus Tennis club account on **November 1st, January 15th and April 1st**. A **\$200 withdrawal fee** will be assessed unless the vacated spot can be filled. We offer open enrollment for new students with tuition prorated from their enrollment date, subject to space availability.

Makeups: We strive to accommodate makeup requests for missed tennis classes, however, please note that **makeups are not guaranteed, and refunds for missed classes are not provided**. If you are requesting a makeup, you must send an email to tennismakeups@aplustennisva.net with the date that your child will be absent from clinic. From there, we will look for a makeup opportunity in the level that your child is enrolled. Makeups must receive approval prior to attendance. Makeups can only be used for junior programming clinics during the session in which your player is actively enrolled. Please note that students are supervised only while on court during class and are not supervised off court, before or after the class. If you have questions, please contact us at 703-250-1299 or aplus@aplustennisva.net.

EARLY DEVELOPMENT CLASSES

FUNdamental Red (5-8 Year Olds)

Using the United States Tennis Association approved protocol, this class is designed for the 8 years and under age group, utilizing a 36' court and low compression balls. The goal of the class is to introduce and develop tennis related athletic skills and proper tennis groundstrokes with an emphasis on having fun.

Rally Red (5-8 Year Olds)

In this class, students will also learn to start and maintain rallies with groundstrokes. Emphasis on technique, motor development, stroke production and movement between shots. Students will learn our Moving, Adjusting, Positioning (MAP) system in order to prepare to play tennis at a higher level.

FUNdamental Orange (8-10 Year Olds)

Typically for the new 10 and under tennis player. Using a 60' court, students to learn the foundation of basic stroke development. The class emphasizes and breaks down all commonly-used strokes. Instructors will regularly review grips, footwork and strokes. Students will learn tennis related athletic skills and proper tennis groundstrokes with an emphasis on having fun.

FUNdamental Green (10-12 Year Olds)

Designed to accommodate less experienced 12 and under age group. Similar to the other FUNdamental classes, students will learn tennis related athletic skills and proper tennis groundstrokes with an emphasis on having fun on a full size tennis court. There is a high emphasis on using our Moving, Adjusting, Positioning (MAP) system in order to properly develop athletic rallying skills on a full size court.

COMPETITIVE DEVELOPMENT CLASSES

"Competition" is the emphasis for this level. This level stresses offensive and defensive situational drills during a match. Instructors will work with students on development of technical, mental and strategic skills used in match play. It is recommended that students participate in match play classes at their level.

Competitive Orange (8-10 Year Olds)

Typically for 10 & Under players that has exhibited the ability to rally. Due to the matchplay focus, serve reliability and court coverage are greatly emphasized.

Competitive Orange Plus (8-10 Year Olds)

Students under 10 that are regularly competing in USTA tournament play are eligible for this class.

Competitive Green (10-12 Year Olds)

Typically for 12 & under players that are able to rally and serve consistently. The emphasis is point production in both singles and doubles.

Competitive Green Plus (10-12 Year Olds)

Students under 12 that are regularly competing in USTA tournament play.

FUN RED / RALLY RED (1 HOUR - 5:1 RATIO)

Member <i>*Requires active BRSC club membership*</i>	Price
34 Classes (1x / wk) (Sat., Sun. and Mon. Clinics)	\$1,360
36 Classes (1x / wk) (Tues., Wed., Thurs., & Fri. clinics)	\$1,440
68 Classes (2x / wk)	\$2,584
72 Classes (2x / wk)	\$2,736
102 Classes (3x / week)	\$3,672
108 Classes (3x / week)	\$3,888

Non-Member	Price
34 Classes (1x / wk) (Sat., Sun., and Mon. Clinics)	\$1,545
36 Classes (1x / wk) (Tues., Wed., Thurs. and Fri., clinics)	\$1,635
68 Classes (2x / wk)	\$2,930
72 Classes (2x / wk)	\$3,105
102 Classes (3x / week)	\$4,165
108 Classes (3x / week)	\$4,410

FUN. RED / RALLY RED

WEDNESDAY	6:30-7:30PM	_____
SATURDAY	9:30-10:30AM	_____
SUNDAY	11-12PM	_____

FUN. ORANGE | COMP. ORANGE | FUN. GREEN | COMP. GREEN (5:1 RATIO)

Member <i>*Requires active BRSC club membership*</i>	Price
34 Classes (1x / wk) (Sat., Sun. and Mon. Clinics)	\$2,040
36 Classes (1x / wk) (Tues., Wed., Thurs., & Fri. clinics)	\$2,160
68 Classes (2x / wk)	\$3,876
72 Classes (2x / wk)	\$4,104
102 Classes (3x / week)	\$5,508
108 Classes (3x / week)	\$5,832

Non-Member	Price
34 Classes (1x / wk) (Sat., Sun. and Mon. Clinics)	\$2,312
36 Classes (1x / wk) (Tues., Wed., Thurs. and Fri., clinics)	\$2,448
68 Classes (2x / wk)	\$4,393
72 Classes (2x / wk)	\$4,651
102 Classes (3x / week)	\$6,243
108 Classes (3x / week)	\$6,610

FUN. ORANGE

WEDNESDAY	7:30-9PM	_____
SATURDAY	10:30-12PM	_____
SUNDAY	12-1:30PM	_____

COMP. ORANGE

WEDNESDAY	6:30-8PM	_____
SATURDAY	10:30-12PM	_____
SUNDAY	12-1:30PM	_____

FUN. GREEN

FRIDAY	6:30-8PM	_____
SATURDAY	3-4:30PM	_____
SUNDAY	1:30-3PM	_____

COMP. GREEN

SATURDAY	1:30-3PM	_____
SUNDAY	1:30-3PM	_____
SUNDAY	3-4:30PM	_____

COMP. ORANGE PLUS | COMP. GREEN PLUS (4:1 RATIO)

Member <i>*Requires active BRSC club membership*</i>	Price
34 Classes (1x / wk) (Sat., Sun. and Mon. Clinics)	\$2,550
36 Classes (1x / wk) (Tues., Wed., Thurs., & Fri. clinics)	\$2,700
68 Classes (2x / wk)	\$4,845
72 Classes (2x / wk)	\$5,130
102 Classes (3x / week)	\$6,885
108 Classes (3x / week)	\$7,290

Non-Member	Price
34 Classes (1x / wk) (Fri., Sat. and Sun. Clinics)	\$2,788
36 Classes (1x / wk) (Tues., Wed., Thurs. and Fri., clinics)	\$2,952
68 Classes (2x / wk)	\$5,300
72 Classes (2x / wk)	\$5,608
102 Classes (3x / week)	\$7,530
108 Classes (3x / week)	\$7,970

COMP. ORANGE PLUS

WEDNESDAY	6:30-8PM	_____
SATURDAY	10:30-12PM	_____
SUNDAY	12-1:30PM	_____

COMP. GREEN PLUS

THURSDAY	8-9:30PM	_____
SATURDAY	1:30-3PM	_____
SUNDAY	3-4:30PM	_____

A PLUS TENNIS CLIENT REGISTRATION

STUDENT'S NAME: _____ DATE OF BIRTH: ____/____/____
PARENT'S NAME: _____ PARENT'S EMAIL: _____
ADDRESS: _____
CITY: _____ ST: _____ ZIP: _____
STUDENT'S CELL: _____ PARENT'S CELL: _____

EMERGENCY CONTACT NAME: _____ EMERGENCY CONTACT PHONE NUMBER: _____
SIGNATURE OF PARENT / GUARDIAN: _____
HEALTH INSURANCE COMPANY: _____ POLICY #: _____

PAYMENT METHOD: CHECK _____ CASH _____ CC ON FILE _____

Credit card payments will be taken through our online portal. Please email aplus@aplustennisva.net for access

***First installment is due upon confirmed application and is 1/4 of overall bill. The remaining balance will be charged in three installments billed to the student's A Plus Tennis club account on November 1st, January 15th and April 1st using the card on file. There will be no refunds for missed clinics. In the case of withdrawal, a fee of \$200 will be assessed unless space can be filled. A 10% late fee will be assessed (from the overall total due) for any payments that are over 14 days past due.** As a condition of the enrollment in A Plus Tennis LLC (APT) Lesson Program & Camps, the player does hereby assume the risk inherent in the participation of such activities and has disclosed any and all inherent handicaps or disabilities that player may have. Although APT & BRSC are taking the appropriate precautions to combat COVID-19 or other viruses it is up to the individual players to help safeguard themselves and the people with which they play. The player does hereby acknowledge that APT and BRSC shall not be liable for any damages arising from personal injuries or damages sustained by the player in, on, or about the premises of BRSC, APT or George Mason University. The respective player assumes full responsibility for any injuries or damages that might arise from the participation by the player and does hereby and forever release and discharge APT, owners, employees, and agents from any and all claims, demands, damages, rights or causes of action, present or future, whether the same be known or unknown, anticipated or unanticipated, resulting from or arising out of the player's use and participation in the activities of the APT Lesson Program & Camps. Please note that BRSC is closed on New Year's Day, Easter, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day. **By signing below, I acknowledge that I have fully read and understood the A Plus Sports policy.**

Parent/Legal Guardians name (print) _____
Signature _____