



A Plus Summer Tennis Camps at Burke Racquet and Swim Club

June 22 - August 21, 2026

This summer, A Plus Tennis is proud to offer three different sessions indoors at Burke Racquet and Swim Club to allow players to strategically target skill development and skill mastery.

Camp Directors Steve Hyre and Kevin OCampos-Barry along with their coaches will be providing personal attention to technical, physical, strategic and mental training to help campers develop a strong foundation to build their game.

Session 1, our **Low Compression Camps (excluding Red Ball)**, offers tennis players the ability to gain a head start on skills development. Using our proven MAP (Movement, Adjustment and Positioning) system, we can help your child develop both tennis and athletic skills that are necessary in the modern game.

Session 2, our **Yellow Ball Competitive Development Camp**, provides players with personal attention to technical, physical, strategic and mental training to help campers compete more efficiently in tournament play/high school tennis. For the past 10 years, our camp has successfully developed juniors from competitive tournament play to the international level. What makes us unique is our focus on developing “your” game. We believe that players will be most successful with a playing style that suits their physical ability, mental characteristics and personality. The camp is designed to prepare a player for tournament/high school team play. It is required that each player is participating or preparing for tournament/high school team play. All players must have prior approval.

Session 3, our **entry-level Yellow Ball** for players 13 and up. Additional details on Page 2.

Camp Weeks

June 22- June 26	(Week 1)
June 29- July 3	(Week 2)
July 6 - July 10	(Week 3)
July 13 - July 17	(Week 4)
July 20 - July 24	(Week 5)
July 27 - July. 31	(Week 6)
Aug. 3 - Aug. 7	(Week 7)
Aug. 10 - Aug. 14	(Week 8)
Aug. 17 - Aug. 21	(Week 9)

Camp Pricing Sessions 1&2

(Refer to levels and time frames on the second page)

DURATION	MEMBERS	NON-MEMBERS
SINGLE DAY	\$110	\$120
FULL WEEK	\$440	\$480

Camp Pricing Sessions 3

(Refer to levels and time frames on the second page)

DURATION	MEMBERS	NON-MEMBERS
SINGLE DAY	\$75	\$85
FULL WEEK	\$300	\$340

Camp Pricing Sessions 4

(Refer to levels and time frames on the second page)

DURATION	MEMBERS	NON-MEMBERS
SINGLE DAY	\$35	\$40
FULL WEEK	\$140	\$160



Session 1

(9am-12 pm)

Fundamental Orange (FO) - Recommended for 10 and under tennis players. Using a 60' court, students will learn the foundation of basic stroke development. The class emphasizes and breaks down all commonly-used strokes. Instructors will regularly review grips, footwork and strokes. Students will learn tennis related athletic skills and proper tennis groundstrokes with an emphasis on having fun.

Competitive Orange & Competitive Orange Plus (CO & CO+) - Students under 10 who are competent with rally skills and or competing in USTA tournament play are eligible for these classes.

Fundamental Green (FG) - Designed to accommodate less experienced 12 and under age group. Similar to the other Fundamental classes, students will learn tennis related athletic skills and proper tennis groundstrokes with an emphasis on having fun on a full size tennis court. There is a high emphasis on using our Moving, Adjusting, Positioning (MAP) system in order to properly develop athletic rallying skills on a full size court.

Competitive Green (CG) - Designed for 12 & under players that are able to rally and serve consistently. The emphasis is point production in both singles and doubles and to build the movement patterns and stroke production on the full 72' court necessary to transition to the yellow ball.

Competitive Green Plus (CG+) - Students under 12 that are regularly competing in USTA tournament play.

Session 2

(1:30-4:30)

High School (HS) - Designed for the student with experience looking to tryout for varsity high school tennis. Emphasis will focus on technical development along with strategic application. Students are encouraged to play USTA/UTR sanctioned tournaments.

High School Plus (HS+) - Designed for the student with experience looking to tryout for varsity high school tennis. Emphasis will focus on technical development along with strategic application. Students are encouraged to play USTA/UTR sanctioned tournaments.

Session 3

(4:30-6:30)

Fundamental Yellow (FY) - Students older than 12 learning how to play tennis, will fit nicely in this class. Using regular balls on a full-size court, the goal of this entry level class is speeding up the learning process.

Session 4

(4:30-5:30)

Fundamental Red (FR) - Recommended for 8 and under players. Using the 36' court and low compression balls, the goal of the class is to introduce and develop tennis related athletic skills and proper tennis groundstrokes with an emphasis on having fun.

Rally Red (RR) - Students under 8 with prior technical tennis experience. Campers will learn to start and maintain rallies with groundstrokes. Emphasis on technique, motor development, stroke production and court coverage.

SESSION DATES & TIMES

PLEASE SELECT SESSION & CAMP WEEK

CAMP SESSIONS

- | | |
|------------------------------|----------------------------------|
| SESSION 1 (9-12PM) | SESSION 2 (1:30-4:30PM) |
| <input type="checkbox"/> FO | <input type="checkbox"/> HS |
| <input type="checkbox"/> CO | <input type="checkbox"/> HS+ |
| <input type="checkbox"/> CO+ | SESSION 3 (4:30-6:30PM) |
| <input type="checkbox"/> FG | <input type="checkbox"/> FY |
| <input type="checkbox"/> CG | SESSION 4 (4:30-5:30PM) |
| <input type="checkbox"/> CG+ | <input type="checkbox"/> FR / RR |

CAMP WEEKS

- Week 1: June 22 - June 26
- Week 2: June 29 - July 3
- Week 3: July 6 - July 10
- Week 4: July 13 - July 17
- Week 5: July 20 - July 24
- Week 6: July 27 - July 31
- Week 7: Aug. 3 - Aug. 7
- Week 8: Aug. 10 - Aug. 14
- Week 9: Aug. 17 - Aug. 21

Players should bring water and a small snack

A PLUS TENNIS CLIENT REGISTRATION

Student's Name: _____ Date of Birth: _____
Address: _____
City: _____ State: _____ Zip: _____
Parent's Cell: _____ Parent's Email: _____

EMERGENCY CONTACT INFO

Name: _____ Phone Number(s): _____
Signature of Parent / Guardian: _____
Health Insurance Company: _____
Policy #: _____
Payment: CHECK ___ CASH ___ CC ___ AMOUNT _____

As a condition of the enrollment of a student in A Plus Tennis LLC (APT) Junior Lesson Program & Camps, the respective parent, parents and/or legal guardian of the student does hereby, on behalf of such student, assume the risk inherent in the participation of such activities and has disclosed any and all inherent handicaps or disabilities that such student may have. The respective parent, parents, and/or legal guardian does hereby acknowledge that APT shall not be liable for any damages arising from personal injuries or damages sustained by their student in, on, or about the premises of APT, Flint Hill High School, Robinson High School, George Mason University or any other site being utilized by A Plus Tennis. The respective parent, parents, and/or legal guardian assumes full responsibility for any injuries or damages that might arise from the participation by the respective student and does hereby and forever release and discharge APT, owners, employees, and agents from any and all claims, demands, damages, rights or causes of action, present or future, whether the same be known or unknown, anticipated or unanticipated, resulting from or arising out the student's use and participation in the activities of the APT Junior Lesson Program & Camps. In the case of withdrawal, a fee of \$200 will be assessed. All classes must be used within the current enrolled session, credits or make up do not carry over to future sessions. There will be no refunds for missed camp days.

Parent/Legal Guardians name (print) _____
Signature _____